

## Earth's Chakras: #6 THIRD EYE

Location: Stonehenge, England



(Image by [Walkerssk](#) from [Pixabay](#))

### Description:

The Third Eye Chakra is the only one that moves, this is due to the movement of the Earth's axis. The Third Eye Chakra moves every 150-200 years or every aeon. These aeons are also lined up with astrological constellations. In 2012 we shifted into the Age of Aquarius, which means the Third Eye chakra is currently located in Western Europe near Stonehenge. Stonehenge is perhaps the world's most famous prehistoric monument. It was built in several stages: the first monument was an early henge monument, built about 5,000 years ago, and the unique stone circle was erected in the late Neolithic period about 2500 BC.

Called the *Anja* in Sanskrit, the third eye is the home of your intuition, intelligence, and perception of the world around you. Nestled right between your eyebrows, the third eye is thought to be connected to your pituitary gland, which has been called the "master gland" of the body, responsible for regulating your biochemistry, as well as acting as the "seat of the mind" or center of your intellect. Because of this connection, the third eye chakra is often thought of as the lens through which we see our world.

Our intention: (if you like, place your hands on your third eye)

1. To connect in with the energy of the stone circle of Stonehenge
2. To send love and gratitude to Mother Earth for providing beauty and diversity for us to see and appreciate
3. To feel our interconnectedness to all that is, and the beautiful sense of order we perceive in the world around us.

Music:

[Celtic Music - Sleep and Dream](#)